

VOLUNTEERS NEEDED:

Activity Monitoring in Individuals with Spinal Cord Injury



The goal of this research study is to determine if there is a relationship between activity levels and ambulatory abilities in **individuals with spinal cord injury**.

YOU MAY BE ELIGIBLE TO PARTICIPATE IF YOU:

- Are at least 18 years of age.
- Have had chronic, non-progressive spinal cord injury for more than one year.
- Do not have a medical diagnosis of a condition that may affect sleep (i.e. restless leg syndrome, sleep apnea).
- Do not have any leg injury that would significantly impair walking (like an amputation or severe trauma).

PARTICIPANTS WILL BE ASKED TO:

- Wear up to four activity monitors for 1-7 days.
- Complete questionnaires about their health, sleep, and diagnosis.
- Complete a clinical assessment including measures of strength, sensation, spasticity, and mobility.

Participants will be compensated for their time. **Location:** Human Engineering Research Labs (Bakery Square, 6425 Penn Ave., Suite 400, Pittsburgh, PA, 15206). This research study will be conducted by the University of Pittsburgh and VA Pittsburgh Healthcare System.

Interested in participating or want more information? Call 412-383-1355

Principal Investigator: Michael Boninger, MD



Call 412-360-2394 to
validate this study.

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
VA Pittsburgh Healthcare System